

1 **Water mass transformation and overturning circulation in the Arabian Gulf**

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ABSTRACT

13 We diagnose the ocean's residual overturning circulation of the Arabian Gulf in a high resolution
14 model and interpret it in terms of water-mass transformation processes mediated by air-sea buoyancy
15 fluxes and interior mixing. We attempt to rationalise the complex, 3-dimensional flow in terms of
16 the superposition of a zonal (roughly along-axis) and meridional (transverse) overturning pattern.
17 Rates of overturning and the air-sea fluxes sustaining them are quantified and ranked in order of
18 importance. Air-sea fluxes dominate the budget so that, at zero order, the magnitude and sense
19 of the overturning circulation can be inferred from air-sea fluxes, with interior mixing playing a
20 lesser role. We find that latent heat fluxes dominate the water-mass transformation rate in the
21 interior waters of the Gulf leading to a diapycnal volume flux directed toward higher densities. In
22 the zonal overturning cell, fluid is drawn in from the Gulf of Oman through the Strait of Hormuz,
23 transformed and exits the Strait at depth. Along the southern margin of the Gulf, evaporation plays
24 an important role in the meridional overturning pattern inducing sinking there.

25 **1. Introduction**

26 The water-mass undergoes transformation from one density class to another by the buoyancy
27 fluxes at the sea surface as well as diapycnal mixing. As a result, the volume fluxes arise between
28 density classes and play a fundamental role in the ocean circulation. After Walin (1982) suggested
29 the water-mass transformation framework, it has been serving as a useful tool in understanding the
30 driver of the global and regional ocean circulation (Tziperman 1986; Speer and Tziperman 1992;
31 Garrett et al. 1995; Marshall et al. 1999; Nishikawa et al. 2013; Badin et al. 2013; Abernathey et al.
32 2016; Cerovečki and Mazloff 2016). This water-mass transformation framework is particularly
33 useful when isopycnals outcrop and multiple layers of fluid have direct pathways between the
34 atmosphere and their interior because the slope of isopycnals can be adjusted subject to the buoyancy
35 forcing and the rate of the water-mass transformation. Additionally, one can anticipate an active
36 water-mass transformation and associated volume fluxes if the buoyancy forcing is considerably
37 large like the Arabian Gulf.

38 The Arabian Gulf (Gulf hereafter) is a marginal sea of the Arabian Sea that extends from the
39 Sea of Oman in the south to the Shatt-Al-Arab in the north with a length of approximately 1000
40 km (Fig. 1). It is a shallow, evaporative basin with a depth that rarely exceed 90 m connected to
41 the very much deeper Sea of Oman through the Strait of Hormuz. The restricted exchange with
42 the open ocean through the Strait leads to formation of a saline, dense water-mass which flows
43 out, with fresher waters from the Sea of Oman being drawn in at the surface (see, e.g. Swift and
44 Bower (2003)). This whole system can be thought of as a reverse estuary circulation (Reynolds
45 1993; Swift and Bower 2003) with the volume flux in $O(0.1 \text{ Sv})$ (Johns et al. 2003; Yao and Johns
46 2010) and the flushing time of from 3 to 5 years, or even longer than that for the bottom waters
47 (Sadrinasab and Kämpf 2004).

48 The circulation in the Gulf can be characterized by a cyclonic gyre fed by relatively fresh water
49 from the Gulf of Oman (Reynolds 1993; Johns et al. 2003). While the fluid circles around the Gulf,
50 it loses buoyancy due to excessive evaporation and associated latent heat loss. The desalination
51 plants populated along the south coast further densify the Gulf by brine discharge (Ibrahim and
52 Eltahir 2019). The flow of dense water out of the Gulf is mostly confined to the bottom on the
53 southern side of the channel Swift and Bower (2003).

54 The cyclonic circulation changes over the course of the year. After the surface current being the
55 strongest in summer, the cyclonic gyre breaks down into smaller mesoscale eddies as evident in
56 the satellite observations and numerical models (Sadrinasab and Kämpf 2004; Thoppil and Hogan
57 2010; Pous et al. 2015). In winter, the current is the weakest in the year due to the weak stratification
58 and reduced density gradient toward the Gulf (Thoppil and Hogan 2010). The tidal forcing adds
59 barotropic signal to the ocean current and is strong enough to dominate the background current at
60 a given time in the Gulf (Johns et al. 2003) despite the less apparent impact in the average over a
61 few tidal cycles.

62 As the observational data is limited in the Gulf, the understanding of the circulation is enhanced
63 with the aid of numerical simulations Azhar et al. (2016). Earlier effort focused on the general
64 circulation in the Gulf (Chao et al. 1992), followed by more recent study aiming to investigate the
65 seasonal variability (Kämpf and Sadrinasab 2006), to understand the role of tides (Azam et al.
66 2006) (Salim et al (2020)), to understand the mesoscale processes (Thoppil and Hogan 2010) and
67 to quantify the budget (Azhar et al. 2016; Xue and Eltahir 2015). However, to the best of our
68 knowledge, the attempt to calculate the overturning circulation in the Gulf and elaborate it using
69 the water-mass transformation framework has not been explored.

70 In this study we attempt to visualise the complex 3-dimensional circulation patterns of the Gulf
71 using zonal and meridional overturning circulation patterns and quantify the relative roles of air-sea

72 heat fluxes and freshwater fluxes in the water mass transformation processes that enable them. We
73 use the MIT ocean circulation model (MITgcm), a versatile, widely-used hydro-dynamical model
74 that solves the incompressible Navier-Stokes equations (Marshall et al. 1997b,a). It has been
75 applied to simulate ocean circulation over a broad range of scales, but has yet to be applied to the
76 special conditions of the Gulf.

77 Our paper is set out as follows. In Section 2 we describe the design and set-up of our model which
78 is driven by analysed fields in the interior of the domain, by tides imposed at its open boundaries,
79 and run at order 2 km resolution. In Section 3 we describe the resulting water masses and circulation
80 patterns and compare it with observations. In Section 4 we analyse the water-mass transformation
81 processes and overturning circulation patterns associated with our solution, followed by discussion
82 and conclusion in section 5.

83 **2. Design and set-up of a model of the Gulf**

84 *a. Global reference model*

85 Our starting point is a high-resolution global configuration of the MITgcm, the so-called
86 LLC4320 simulation (Rocha et al. 2016; Torres et al. 2018). The global setup employs a lat-
87 itude/longitude/polar cap (LLC) configuration on a Arakawa-C grid using a nominal horizontal
88 grid spacing of $1/48^\circ$; in practice, the grid has an almost uniform meridional and zonal spacing
89 of approximately 2.0 km in the Gulf region, but varies between 0.8 km and 2.2 km over the globe.
90 There are 90 vertical levels, ranging from a thickness of 1 m at the surface to 480 m at depth with a
91 linearized implicit free surface. The model is integrated at every 25 seconds with a seventh-order
92 monotonicity-preserving advection scheme (Daru and Tenaud 2004) and no explicit horizontal dif-
93 fusivity. Horizontal viscosity and vertical mixing is parameterized using a biharmonic “modified

94 Leith viscosity” with a vertical viscosity of $5.4 \times 10^{-4} \text{ m}^2 \text{ s}^{-1}$ and the K-profile parameterization
95 (KPP; Large et al. (1994)) with a background diffusivity of $5.4 \times 10^{-7} \text{ m}^2 \text{ s}^{-1}$, respectively. No-slip
96 boundary conditions on the bottom and side are used.

97 The LLC4320 simulation was run for the calendar period September 13, 2011 through November
98 15, 2012, with initial conditions taken from a series of hierarchy simulation started from the ECCO2
99 state estimation (Menemenlis et al. 2008). It was forced at the surface by six-hour European Centre
100 for Medium-Range Weather Forecasting (ECMWF) atmospheric operational model analysis at
101 0.14° resolution, (roughly 15 km) using bulk formulae following Large and Pond (1981). A
102 synthetic atmospheric surface pressure field consisting of 16 tidal forcing constituents was used to
103 dynamically mimic tidal forcing (Wang et al. 2018). Monthly river runoff was derived from Large
104 and Nurser (2001) (see also Stammer et al., 2004).

105 *b. Embedded model of the Gulf and Sea of Oman*

106 Our study region is the Gulf and its connection to the Sea of Oman, as shown in Fig. 1. A
107 regional model is configured and embedded in the global model described above. Starting from the
108 global model bathymetry, modifications were made to more accurately represent the coastlines in
109 the Gulf. A 2 arc-minute resolution bathymetry, yielding approximately 3.5 km in the Gulf, is
110 employed based on Smith and Sandwell (1997). The model comprises 832×480 cells, and uses the
111 same vertical resolution as the global model, except only 83 levels were required to represent the
112 deep ocean in the Sea of Oman; in the relatively shallow Gulf, only the uppermost 22 vertical levels
113 are active. The surface forcing is identical to that of the global model and used ECMWF data for the
114 full calendar year 2012. However, a custom monthly river freshwater outflow data set (capturing
115 the discharge of the Shatt Al-Arab, Mand, Hindijan and Hilieh rivers) was configured for our
116 modified bathymetry based on Alosairi and Pokavanich (2017). For computational efficiency, the

117 model time step was increased from 25 seconds to 60 seconds, leading to only minor differences in
118 short test simulations. Open boundary conditions (currents, salinity, temperature, and sea surface
119 height) were imposed at the southern and eastern boundaries, obtained from the global run. To
120 improve upon the representation of the tides presented to our regional model from the global model,
121 5-day running means of open boundary data from the global model were calculated, filtering out
122 the tidal forcing signal. New tidal forcing components were then constructed, based on Egbert and
123 Erofeeva (2002) comprising the M2, S2, K2, K1, O1, and P1 tidal constituents, and were added to
124 the southern and eastern open boundary conditions. After initialized using the global run, the Gulf
125 model was run on for a total of eight years using repeating 2012 year forcing; the first six years
126 were considered to be the spin-up period and the last two years used for the analyses presented
127 here.

128 A discussion of the skill of the model in capturing tides in the interior of our domain is given
129 in Salim et al (2020), where a detailed comparison with observations from observations from tide
130 gauges distributed around the Gulf is presented. Here we focus on the general circulation aspects
131 of the solution and in particular the water mass transformation and overturning therein.

132 **3. Modeled circulation in the Gulf**

133 *a. Temperature and Salinity structure*

134 The solution is compared to in situ observations of temperature and salinity taken from the
135 Master Oceanographic Observations Data Set (MOODS) (Alessi et al. 1999). The data spans the
136 period of the 1940s up to the 1990s and has a rather inhomogeneous distribution in both time
137 and space. We therefore use seasonal-mean vertical profiles of temperature and salinity averaged
138 within the black boxes shown in Fig. 1, following the study of Swift and Bower (2003). Although

139 the observations remain rather sparse even after such temporal and spatial averaging, they clearly
140 document significant seasonality in the stratification of the Gulf.

141 The observations reveal that in summer the Gulf is strongly stratified (Fig. 2(a,c,e)). The
142 temperature can exceed 30°C at the surface yet is colder than 20° below 100 m. The salinity
143 increases with depth but relatively slowly compared with the temperature. The vertical structure
144 of density closely follows that of temperature, showing that temperature plays the dominant role
145 in setting stratification. In winter, in contrast, the temperature becomes vertically uniform (Fig.
146 3(a)). Colder temperatures can be found toward the western margin of the Gulf where it is below
147 19°C . The vertical distribution of salinity is less homogeneous than that of temperature and bottom
148 waters are particularly salty in winter exceeding concentrations of 40 psu (Fig. 3(c)). Since cold
149 and salty waters are located at the innermost region of the Gulf, the density typically increases
150 toward the bottom of the northern end of the Gulf (Fig. 3(e)).

151 Our numerical solution exhibits broad similarities with the observations, but also differences.
152 It has clear seasonality, with highly stratified water in summer whilst relatively homogeneous in
153 winter. The solution does not capture the water mass whose salinity is greater than 40 psu near the
154 bottom, nor the increasing salinity trend toward the northern end of the Gulf (Fig. 2(d) and 3(d)).
155 This leads to an underestimate of the density in these regions (Fig. 2(f) and 3(f)). The simulated
156 temperature is slightly colder in summer and warmer in winter (Fig. 2(b) and 3(b)) relative to
157 the observations, but the difference is small compared to the magnitude of the seasonal cycle and
158 internal variability. Given that our solution is driven by repeated surface forcing from a particular
159 year whilst the observations span over 50 years, and the river runoff varies from year to year, it is
160 encouraging that the spatial distribution of density is broadly comparable between the observations
161 and model. This suggests that there is merit in going on to further analyze the general circulation
162 in the Gulf.

163 *b. Horizontal circulation patterns*

164 Surface currents in the Gulf are characterized by a cyclonic gyre. Inflow through the Strait of
165 Hormuz, and the southeast flow from the central region of the Gulf toward the Strait, are present
166 in both seasons (Fig. 4(b,d)). In summer, the surface flow is more dynamic than in winter, with
167 a northwest current near the northern coast of the Gulf as well as southward flow along 50°E.
168 These horizontal circulation patterns can partially be explained by the pattern of prevailing wind
169 stress (Fig. 4(a,c)). In summer, the southeastward wind stress is the strongest in the northern Gulf,
170 and surface flow is generally to the southeast, carrying relatively fresh water from river runoff
171 entering on the northern coast of the Gulf (Fig. 2(d)). In winter, in contrast, the maximum wind
172 stress is found over the center of the Gulf and is responsible for the southeast surface flow there.
173 In wintertime the surface flow of the northern Gulf, and the inflow coming through the Strait of
174 Hormuz along the northern coast, both significantly weaken. Cyclonic flow is much less distinct
175 than in the summer and shifted to the south. It is likely that the former is caused by the wintertime
176 wind stress which is directed opposite to the surface flow, whilst the latter is a consequence of a
177 thicker surface layer with relatively uniform density at the northern end of the Gulf (Fig. 3(e,f)).

178 The barotropic streamfunction for the depth-integrated circulation in the Gulf has a dipole pattern,
179 as can be seen in Fig.5. Positive values are found over a broad area in the southern part of the
180 Gulf, while negative values are found in a relatively narrow band near the northern coastal region.
181 This indicates broad cyclonic (counterclockwise) circulation in the southern Gulf with narrow
182 anticyclonic (clockwise) circulation to the north of it. Sandwiched between these two patterns
183 is the inflow through the Strait of Hormuz which extends westwards to 52°E or so. The vertical
184 section of zonal velocity at the Strait (inset in Fig. 5) reveals that the inflow extends mid-way
185 across, from the surface to the ocean floor, with speeds of $O(0.1 \text{ m s}^{-1})$. The streamfunction also

186 suggests outflow near the southern and northern ends of the Strait of Hormuz. The existence of the
 187 outflow near the southern end of the Strait is consistent with previous observational studies (e.g.
 188 Johns et al. 2003), but the outflow near Qeshm Island at the northern end is also a notable feature.
 189 The core of the outflow is bottom-intensified, as seen in the observations (Schott and McCreary
 190 2001). Toward the north-western end of the Gulf, there is little evidence of a structured barotropic
 191 flow in the annual mean.

192 **4. Water-mass transformation and overturning circulation**

193 As described in the introduction, properties of fluid coming in through the Strait of Hormuz are
 194 transformed by air-sea fluxes and mixing within the Gulf, so that fluid exiting from the Strait has
 195 properties which are different from that on entry. We now analyse this water-mass transformation
 196 process in our Gulf model following the framework set out in Walin (1982) and Marshall et al.
 197 (1999). This can be used to elegantly infer and quantify the processes sustaining the overturning
 198 circulation.

199 *a. Theoretical framework*

200 Following the line of reasoning in Marshall et al. (1999), let us consider the volume of fluid
 201 within a certain density class, $\mathcal{R}_\sigma(\sigma, t)$, as sketched in Fig.6 which shows potential density layers
 202 centered around σ outcropping at the surface within the Gulf (say) and extending back out in to the
 203 Gulf of Oman. The volume $\mathcal{R}_\sigma(\sigma, t)$ can be changed by a diapycnal volume flux, $A(\sigma, t)$, normal to
 204 isopycnal surfaces defined in terms of the fluid velocity (\mathbf{v}) and the isopycnal velocity (\mathbf{v}_σ) normal
 205 to the σ surfaces:

$$A(\sigma, t) = \iint_{\mathcal{A}_\sigma(\sigma, t)} (\mathbf{v} - \mathbf{v}_\sigma) \cdot \hat{\mathbf{n}}_\sigma d\mathcal{A}, \quad (1)$$

206 where $\mathcal{A}_\sigma(\sigma, t)$ is the area of isopycnal surface and $\hat{\mathbf{n}}_\sigma$ is a unit vector normal to the isopycnal
 207 surface directed from low to high values. As defined in Eq. (1), $A(\sigma, t)$ is positive when there is a
 208 flux toward higher density since σ increases downwards, as sketched in Fig.6.

209 The evolution of σ itself is governed by the equation:

$$\frac{\partial \sigma}{\partial t} = -\nabla \cdot (\mathbf{N}_\sigma + \sigma \mathbf{v}) \quad (2)$$

210 where \mathbf{N}_σ is the non-advective flux of σ , and $\sigma \mathbf{v}$ is the advective flux. As first shown by Walin
 211 (1982), $A(\sigma, t)$ can be precisely related to $B(\sigma, t)$, the non-advective supply of buoyancy to the
 212 control volume $\mathcal{R}(\sigma, t)$, as follows (using the notation of Marshall et al, 1999)

$$A(\sigma, t) = \frac{\partial B(\sigma, t)}{\partial \sigma} \quad (3)$$

213 where

$$B(\sigma, t) = - \iiint_{\mathcal{R}_\sigma(\sigma, t)} \nabla \cdot \mathbf{N}_\sigma dV \quad (4)$$

214 depends on \mathbf{N}_σ acting on the boundaries of \mathcal{R}_σ .

215 Separating Eq. (3) in to a part due to air-sea fluxes and a part due to diffusive, non-advective
 216 fluxes acting in the interior ocean, it can be written:

$$A = F - \frac{\partial D}{\partial \sigma}, \quad (5)$$

217 where

$$F = \frac{\partial B_s(\sigma, t)}{\partial \sigma} \quad (6)$$

218 depends only on surface fluxes and

$$D = \iint_{\mathcal{A}_\sigma} \mathbf{N}_\sigma \cdot \hat{\mathbf{n}}_\sigma d\mathcal{A}, \quad (7)$$

219 depends on diffusive fluxes within the ocean.

220 The quantity F is called the ‘transformation’ and given by

$$B_s(\sigma, t) = -\frac{\rho_0}{g} \iint_{\mathcal{A}_s(\sigma, t)} \mathcal{B}_s d\mathcal{A}, \quad (8)$$

221 where $\mathcal{A}_s(\sigma, t)$ is the area of the sea surface with the density interval around σ at time t and

$$\mathcal{B}_s = \frac{g}{\rho_0} \left(\frac{\alpha}{c_w} (Q_{SW} + Q_{LW} + Q_L + Q_S) + \rho_0 \beta S (E - P - R) \right) \quad (9)$$

222 is the air-sea buoyancy flux made up of its heat (first term in brackets on the right-hand side, and
 223 freshwater (second term in brackets on the right-hand side) contributions. Here, ρ_0 is the reference
 224 density, α is the thermal expansion coefficient for sea water, c_w is the heat capacity of water, Q_{SW} ,
 225 Q_{LW} , Q_L , and Q_S are the heat flux due to shortwave radiation, longwave radiation, latent heat and
 226 sensible heat, respectively, β is the haline contraction coefficient, and E , P and R are evaporation,
 227 precipitation and river runoff, respectively. Note that in the above A and F have units of $\text{m}^3 \text{s}^{-1}$,
 228 B_s has units of $\text{kg s}^{-1} \text{m}^{-2}$ and \mathcal{B}_s has units of $\text{m}^2 \text{s}^{-3}$.

229 At the surface of the ocean, if outcropping buoyancy surfaces lose increasingly more buoyancy
 230 at higher density classes, then $\frac{\partial B_s(\sigma, t)}{\partial \sigma} > 0$, and F is in the sense to induce a positive A : in the
 231 absence of diffusive processes, fluid moves to heavier density classes. In this way, computing F
 232 for each density class at the surface enables us to probe the role of air-sea fluxes in sustaining the
 233 overturning circulation.

234 *b. Diagnosis of water mass transformation in our Gulf model*

235 We use MITgcm’s capability to compute water-mass transformation rates as a function of density
 236 class. These diagnostics are obtained through use of the LAYERS package in which the theoretical
 237 framework described above is put in to practice (see Abernathey et al. 2016). Our layers are chosen
 238 to range from 22 to 42.1 kg m^{-3} with an interval of 0.15 kg m^{-3} . This encompasses most of the

239 water-mass in the domain, but occasionally density variations exceed this range: in summer when
240 evaporation increases density beyond 42.1 kg m^{-3} and in winter when freshwater input near the
241 rivers lowers the density below 22 kg m^{-3} . If this occurs, those water masses which lie outside our
242 chosen range are merged to the closest density bin. LAYERS also computes the velocity within
243 isopycnal layers allowing us to directly estimate the overturning circulation in the Gulf and Sea of
244 Oman, as described in the section 4.3 below.

245 As shown in Fig. 7(a), annually-averaged water-mass transformation rates, weighted by grid area,
246 show that surface fluxes act to induce a flow toward higher density classes. Since surface waters in
247 the Gulf are generally denser than in the Sea of Oman, this implies water is being drawn in to the
248 Gulf by air-sea transformation within the Gulf. This is in contrast to the rather small transformation
249 rates in the Gulf of Oman. The central Gulf near the northern coast has the most active water-mass
250 transformation, with values exceeding $100 \text{ m}^3 \text{ s}^{-1}$. Here the contribution from the net heat flux
251 dominates that from the freshwater flux (Fig. 7(b,c)). Heat loss associated increases the surface
252 density resulting in a water-mass transformation rate which is positive over the interior of the Gulf.
253 This should be contrasted with the transformation rate near the southern coast where evaporation,
254 E , results in a net positive water-mass transformation in the Gulf (Fig. 7(a,c)), despite the warming
255 effects of the net heat flux there (see Fig. 7(b)). In broad summary, the net effect of air-sea fluxes
256 over the Gulf is to draw light water in through the Strait of Hormuz and make it denser.

257 The water-mass transformation rate in the Gulf can be further visualized by dividing the Gulf
258 on through the Strait of Hormuz in to narrow bands which are ascribed numbers from 0 to 100
259 starting from the innermost region in the Gulf out through the Strait in to the Gulf of Oman (Fig.
260 7(a)). The transformation, F in Eq. (6), is then averaged over these bands to yield Fig. 8 where
261 the various contributions of the surface flux components – see Eq. (9) – separated out.

262 Fig. 8 confirms our notion that the Arabian Gulf is a marginal sea in which evaporation exceeds
263 precipitation thus increasing the density of surface waters. The Gulf also receives abundant
264 shortwave solar radiation which warms the sea surface releasing sensible heat into the atmosphere,
265 increasing surface density in the Gulf. However, sensible heat loss occurs at a rate which is almost
266 two orders of magnitude smaller than the warming shortwave contribution. It is clear from Fig. 8
267 that this gain is largely balanced by heat loss from outgoing long-wave radiation and latent heat.
268 Indeed latent heat loss is the single largest contributor to a positive water-mass transformation and,
269 as presented in Fig.8, has 5 times greater impact than evaporation in increasing surface density.

270 Our simulation has a linear free surface formulation which introduces a surface correction term
271 for the local conservation of tracers (Campin et al. 2004). The correction term has the effect of
272 reducing surface salinity over most of the Gulf. Near the mouth of rivers where there is considerable
273 freshwater input, however, the correction term is positive. The correction term for temperature
274 tends to increase the density, but the sum of both salt and temperature correction terms has a net
275 negative effect on transformation rate (Fig. 8). Although these correction terms are not small
276 enough to be neglected, we will not discuss them further since they are not directly related to
277 surface fluxes.

278 The volume flux across isopycnals may converge or diverge fluid in to a certain density class,
279 leading to inflation or deflation of the volume of fluid within the layer. The formation rate – the
280 volume squeezed in to a layer – can be computed as $\partial A / \partial \sigma$ (Marshall et al. 1999). The water-mass
281 transformation rate in Fig. 8 is plotted against distance rather than density as in (Abernathey
282 et al. 2016), because the surface density spatial distribution does not carry much geographical
283 information; the same density can be found in multiple places. Although, for this reason, the
284 formation rate cannot be obtained quantitatively from Fig. 8, we can still qualitatively describe it
285 by inspecting the transformation rate and surface density together.

286 The transformation rate in the Gulf is positive, suggesting that the volume flux is directed toward
287 water-masses of higher density which are typically found at the center of the Gulf. The surface
288 density shows a rather complicated distribution (the green dashed line in Fig. 8). There are at least
289 two distinct peaks in the Gulf; one near bin number 30 and the other one near 45. The density is
290 relatively low northwest of the center where the water-mass transformation rate remains positive.
291 This implies that there is a convergence of A near the center of the Gulf. There is also a convergence
292 of A toward the innermost part of the Gulf where there is a rapid increase of the transformation
293 rate and a decrease of density (Fig. 8). At these sites, the convergence of A results in a creation
294 of water-mass at that particular density and downwelling of surface water. The geometry of the
295 isopycnals is broadly consistent with this interpretation, as we describe in c.

296 The density at the surface can also be changed by diapycnal diffusive flux occurring within the
297 ocean (Marshall et al. 1999). The diapycnal diffusive flux can also be partitioned into heat and salt
298 diffusion, and both make a positive contribution to the transformation (Fig. 9). The transformation
299 rates due to these diffusive fluxes make a generally smaller contribution than surface fluxes.
300 However, this is not true everywhere. For example, the diapycnal diffusive salinity flux approaches
301 $100 \text{ m}^3 \text{ s}^{-1}$ near the river mouths along the northern coast and the innermost parts of the Gulf
302 (Fig. 9(b)). As the rivers provide freshwater to the Gulf, the salinity difference between the surface
303 of the ocean and below is considerable at these sites and vertical mixing can act to increase the
304 density, making a positive contribution to water-mass transformation.

305 *c. Overturning circulation in the Gulf*

306 We can analyze the annually-averaged residual overturning circulation in the Gulf and the Gulf
307 of Oman by making use of the currents projected along isopycnals, provided by the LAYERS
308 diagnostic package of MITgcm and then re-mapped in to z -space for viewing (Fig. 10). Note that

309 the diagnostics are computed on-line and thus includes transports of all resolved scales (including
310 tides and eddies) – in particular is not the Eulerian-mean overturning circulation but rather the
311 residual circulation, as discussed in the context of the Antarctic Circumpolar Current in, for
312 example, Marshall and Radko (2003). We explore both zonal and meridional overturning cells.
313 The streamfunction is defined such that there is counterclockwise circulation around negative
314 values.

315 The overturning circulation in the zonal direction highlights the flow through the Strait of Hormuz
316 where the inflow and outflow is found at the surface and near the bottom, respectively (Fig. 10(a)).
317 The sense of the zonal overturning circulation confirms inflow of relatively fresh water from the
318 Gulf of Oman into the Arabian Gulf, consistent with our diagnosis of the positive water-mass
319 transformation rate shown in Fig. 8 and the inset of Fig. 5. The overturning circulation is
320 considerably weaker within the Gulf than outside it. The zonal residual streamfunction indicates
321 that the surface inflow weakens and subducts at approximately 53°E . This characteristic of the
322 surface current is also consistent with a convergence of the water-mass transformation rate (Fig. 8)
323 seen near bin number 45 corresponding to roughly 53°E , in the central Gulf. The outflow at depth
324 enters the Gulf of Oman and finds its neutral level near 200 m or so and spreads eastwards. There
325 is an upwelling near 60°E induced by monsoon winds; the southwesterly wind in the summer is
326 stronger than the northeasterly wind in winter, leading to net upwelling (Fig. 4(a,c)).

327 The overturning circulation further inside the Gulf is generally negative (Fig. 10(b)). Negative
328 values north of 27°N suggests the surface current is directed toward the center of the Gulf while that
329 to the south of 26°N indicates surface southward flow that sinks to the bottom at the southern coast.
330 The streamfunction to the north of 27°N is again consistent with the water-mass transformation rate
331 whose positive values indicates a volume flux toward the center of the Gulf. The circulation pattern
332 in the southern part of the Gulf also agrees with both the sense of the seasonal surface current and

333 the barotropic streamfunction (Fig. 4 and 5). Interestingly, the water-mass transformation near the
334 southern coast is mainly associated with freshwater flux (Fig. 7(c)), as discussed above.

335 The density decreases toward the innermost part of the Gulf where isopycnals bend downward,
336 indicating downwelling (Fig. 10). Although our density bias in the innermost part of the Gulf
337 might amplify this feature, observations also show the relatively low density water at the very end
338 of the Gulf with a doming of isopycnals, especially in the summer (Fig. 7 in (Swift and Bower
339 2003)). Our water-mass transformation rate diagnostic is also suggestive of downwelling. As
340 discussed in Section 4, the density increases toward the center of the Gulf while the water-mass
341 transformation rate is positive, resulting in a positive water formation rate ($\partial A/\partial\sigma > 0$) (Fig. 8).
342 This downwelling is better shown in the meridional overturning streamfunction where it is evident
343 near 30°N (Fig. 10(b)). The consistent results between the overturning circulation and water-mass
344 transformation rate demonstrate a satisfying and consistent connection between air-sea buoyancy
345 fluxes and the general circulation in the Gulf.

346 5. Discussion and Conclusions

347 The Arabian Gulf is a semi-closed evaporative basin in which relatively fresh water is supplied
348 near the surface through the Strait of Hormuz while salty water exits the Gulf at depth. The differing
349 salinities between the inflow and outflow at the Strait suggests that water-mass transformation must
350 be positive within the Gulf with the density of the water being increased. Surface fluxes are
351 responsible for this densification, but the detailed processes of water-mass transformation and
352 resulting overturning circulation are complex and not fully documented or understood. We have
353 made use of the MITgcm and its diagnostic capabilities (Abernathey et al. 2016; Doddridge et al.
354 2019) to explore these processes in a novel and hopefully illuminating way.

355 The circulation derived from our $1/48^\circ$ resolution model is depicted schematically in Fig. 11.
356 The surface flow is characterized by inflow through the Strait of Hormuz and cyclonic circulation
357 on the eastern margin of the Gulf feeding outflow toward the Gulf of Oman. The northwest region
358 of the Gulf comprises a current flowing toward the center of the Gulf. Formation of bottom water
359 occurs in the central Gulf and southern coastal regions. In the central Gulf, air-sea heat flux is the
360 main cause of densification. Surface density decrease due to solar heating is counterbalanced by
361 both upward longwave radiation and latent heat loss. In particular, latent heat loss is the largest
362 contributor to density increase and contributes five times as much to water-mass transformation
363 than does evaporation (Fig. 8). Densification of surface waters close to the southern coast, instead,
364 is mainly driven by evaporation (Fig. 7) and sinks to depth. Some of this heavy water near the
365 ocean floor returns back to the northwest part of the Gulf, especially in summer when the water
366 is stratified (not shown). However, much of it exits the Gulf through the southern portion of the
367 Strait of Hormuz, finding its level at 200 m or so in the Gulf of Oman.

368 The circulation within the Gulf is in accord with expectations based on water-mass transformation
369 theory (Walin 1982; Marshall et al. 1999). Positive water-mass transformation rates due to surface
370 fluxes (Fig. 7) implies a convergence of volume flux toward higher densities at the center of the
371 Gulf. Water-mass transformation rates remain positive while, at the same time, the surface density
372 decreases northwestward toward the innermost part of the Gulf. This implies that the surface
373 volume flux is directed southeastward, which is consistent with the circulation pattern found in that
374 region. We thus observe surface volume fluxes converging from both sides toward the center of
375 the Gulf supporting subsequent downwelling where the density is higher than elsewhere.

376 The annually averaged volume flux through the Strait of Hormuz in our calculations is somewhat
377 larger than 0.1 Sv, at the lower limit of the previously reported values (Johns et al. 2003). A

378 relatively lower volume flux might be due to an underestimation of salinity or a consequence of
379 seasonality – the streamfunction reaches 0.18 Sv in winter (not shown).

380 Our study suggests that, because the contribution to the transformation rate by interior diffusive
381 fluxes are so much smaller than that due to air-sea fluxes, the transformation can be inferred to a
382 good approximation directly from air-sea fluxes. This implies that any changes in air-sea fluxes
383 will modify the overturning circulation. The 2-m temperature over the Gulf shows a positive trend
384 (≈ 0.3 °C/decade), (Patlakas et al. 2019), and sea surface temperatures are also warming (Shirvani
385 et al. 2015; Noori et al. 2019). Along with this warming trend, the freshwater flux also varies in
386 time (Campos et al. 2020). The warming trend, coupled with a net negative freshwater flux ($E - P$)
387 over the Gulf, will likely continue in to the future (Kirtman et al. 2013). Wind changes may also be
388 important since they are intimately involved in setting patterns and magnitudes of surface fluxes.
389 Our study therefore sets out a clear analysis method for understanding and perhaps predicting such
390 changes. This will be the topic of future research.

391 Finally, our experiment design also provides a comprehensive framework from which to compute
392 the impact of desalination plants on oceanic circulation in the Gulf. The lives of people living
393 around the Gulf depend on a supply of fresh water provided by desalination facilities. During the
394 desalination process, freshwater is removed from sea water and brine is discharged back to the Gulf.
395 This can result in an increase in salinity which is twice as high as the water drawn in to the facilities
396 (Bashitialshaaer et al. 2011). The discharge typically occurs near the surface and acts as a negative
397 freshwater flux (Ibrahim and Eltahir 2019). According to the water-mass transformation framework
398 employed here, desalination plants will contribute to an enhancement of water-mass formation
399 near the coastal region inducing stronger sinking. This will likely strengthen the overturning
400 circulation and enhance the inflow through the Strait of Hormuz. As more desalination facilities

401 are anticipated in the future, likely changes in overturning circulation could perhaps be estimated
402 using the approach outlined here.

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406 support and Prof. Hosni Ghedira for the access to his laboratory facilities.

407 *Data availability statement.* The full LLC4320 model setup with compile-time and run-time
408 parameters can be found at [http://wwwcvs.mitgcm.org/viewvc/MITgcm/MITgcm_contrib/
409 llc_hires/llc_4320/](http://wwwcvs.mitgcm.org/viewvc/MITgcm/MITgcm_contrib/llc_hires/llc_4320/).

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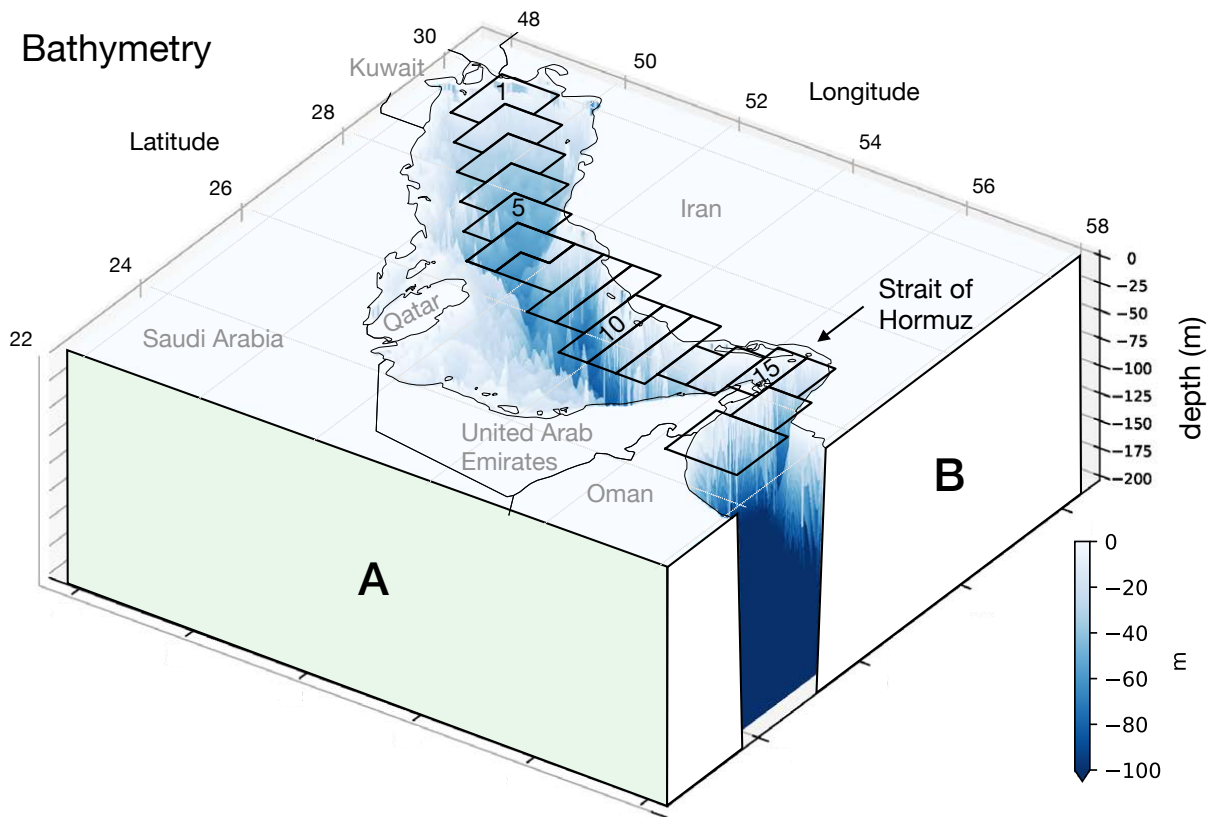
LIST OF FIGURES

535		
536	Fig. 1.	The geography and bathymetry (shading in blue) of the Gulf of Arabia, together with the surrounding countries and the Strait of Hormuz marked. Eighteen black boxes, adopted from Figure 2 in (Swift and Bower 2003), are the regions over which spatial averages of in-situ observations and model results are compared. A and B indicate the section for the zonal and meridional streamfunction shown in Fig. 10. 29
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541	Fig. 2.	Vertical section of (a,b) temperature, (c,d) salinity, and (e,f) density during summer in the boxes shown and labeled in Fig. 1. The observations on the left in (a,c,e) represent the mean of in-situ samples representative of the summer, July and August (adapted from Figure 7d in (Swift and Bower 2003)). The model solution on the right in (b,d,f) are spatial means over the same boxes again in summer but from June to August. 30
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546	Fig. 3.	As in Fig. 2 except that the observations are a mean over the winter period, January and February (as shown in Figure 7a in (Swift and Bower 2003)). Observations are on the left, model on the right. The model solution are a mean typical of the winter, from December to February. 31
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550	Fig. 4.	(a,c) Wind stress (N m^{-2}) and (b,d) surface current (m s^{-1}) in (a,b) summer (June, July and August, JJA) and (c,d) winter (December, January and February, DJF). The shading represents the intensity of the flow whilst the arrows are also scaled by speed. 32
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553	Fig. 5.	Annually-averaged barotropic streamfunction plotted using a log scale (shading) along with outcropping isopycnals (contours). The inset shows a vertical section of the annually-averaged zonal velocity across the Strait of Hormuz with south on the left. There is counter-clockwise circulation around a positive streamfunction. Positive zonal velocity in the inset is directed out of the Gulf. 33
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558	Fig. 6.	Potential density surfaces, σ , outcropping at the sea surface within the Gulf (say) and extending back out in to the Gulf of Oman. The volume of fluid between adjacent σ surfaces, $\mathcal{R}_\sigma(\sigma, t)$, can be changed by the divergence of a diapycnal volume flux, $A(\sigma, t)$, normal to σ , which itself can be related to the air-sea buoyancy fluxes \mathcal{B}_s and the diffusive buoyancy fluxes, D , acting on the σ surfaces that bound the volume, as expresses in Eqs (5) to (9). 34
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564	Fig. 7.	(a) Annual-mean water-mass transformation rate, $F = \frac{\partial \mathcal{B}_s(\sigma, t)}{\partial \sigma}$, in units of ($\text{m}^3 \text{s}^{-1}$), implied by air-sea fluxes buoyancy fluxes, together with separate contribution from (b) heat fluxes and (c) freshwater fluxes, as defined in (9). The lines with numbers in (a) define the regions over which spatial averages are computed in the construction of Fig. 8. Note that (a)=(b)+(c) 35
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568	Fig. 8.	(solid lines) Annual-mean water-mass transformation rate, $F(\sigma)$, computed from Eq.(6) using (9). The dashed line shows the surface density averaged in the sections numbered and shown in Fig. 7(a). The number along the x axis indicates the location of the section along the Gulf increasing eastwards. Positive values imply a tendency to induce a diapycnal volume transport directed toward higher densities. Points shallower than 20 m are excluded in the average. The contribution from river runoff is close to zero and hence not shown. 36
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574	Fig. 9.	Annual mean water-mass transformation rate contributed by diapycnal mixing of (a) temperature and (b) salinity integrated over the depth of the water column. The rate is weighted by the grid area. Note that the color scale is slightly different from Fig. 7, to enable details to be seen in the Gulf, although generally they are very much smaller than that due to air-sea interaction 37
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579 **Fig. 10.** Annually-averaged residual overturning streamfunction (shading) in (a) the zonal and (b)
580 meridional directions parallel to A and B in Fig. 1, respectively. The Gulf and west of
581 60°E are considered in (a), and the Gulf (west of 56°) is considered in (b). Arrows in (a)
582 represent the direction of the overturning circulation. Isopycnals are also plotted in gray
583 with an interval of 1 kg m^{-3} in both (a) and (b). Blue shading represents anticlockwise
584 circulation, red clockwise circulation. It should be noted that two different color scales (in
585 Sverdrups) are used inside and outside of the Gulf in (a). 38

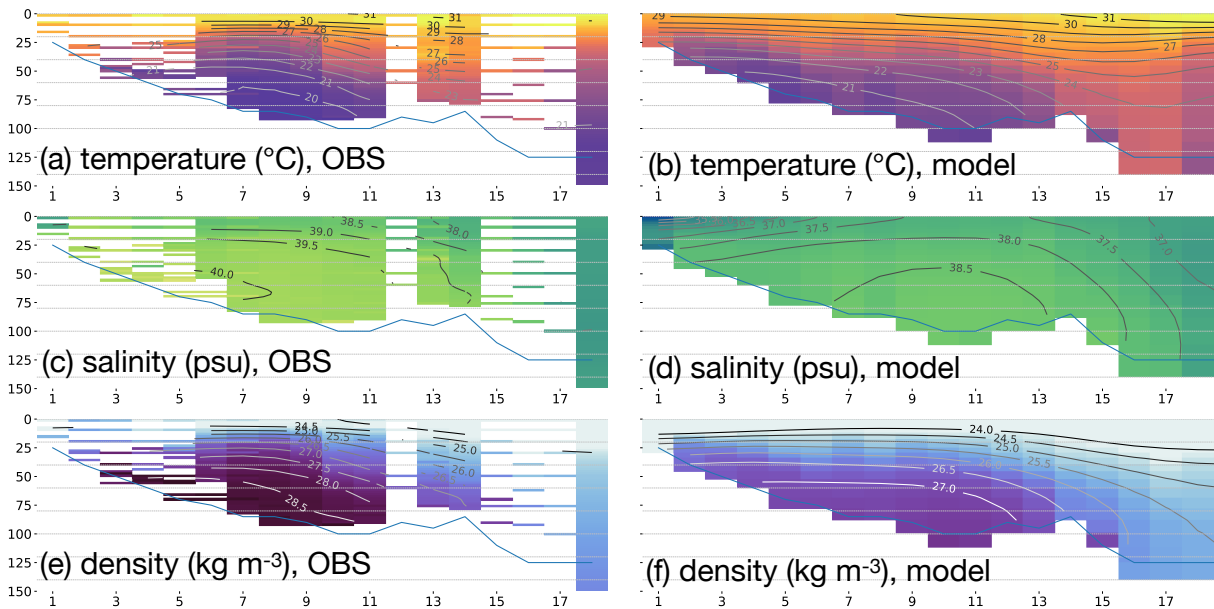
586 **Fig. 11.** A schematic diagram depicting the overturning circulation and water-mass transformation
587 processes acting in the Gulf. The positive water-mass transformation rate due to surface
588 fluxes (red curvy arrows) shapes the surface flow and overturning circulations. 39

Bathymetry



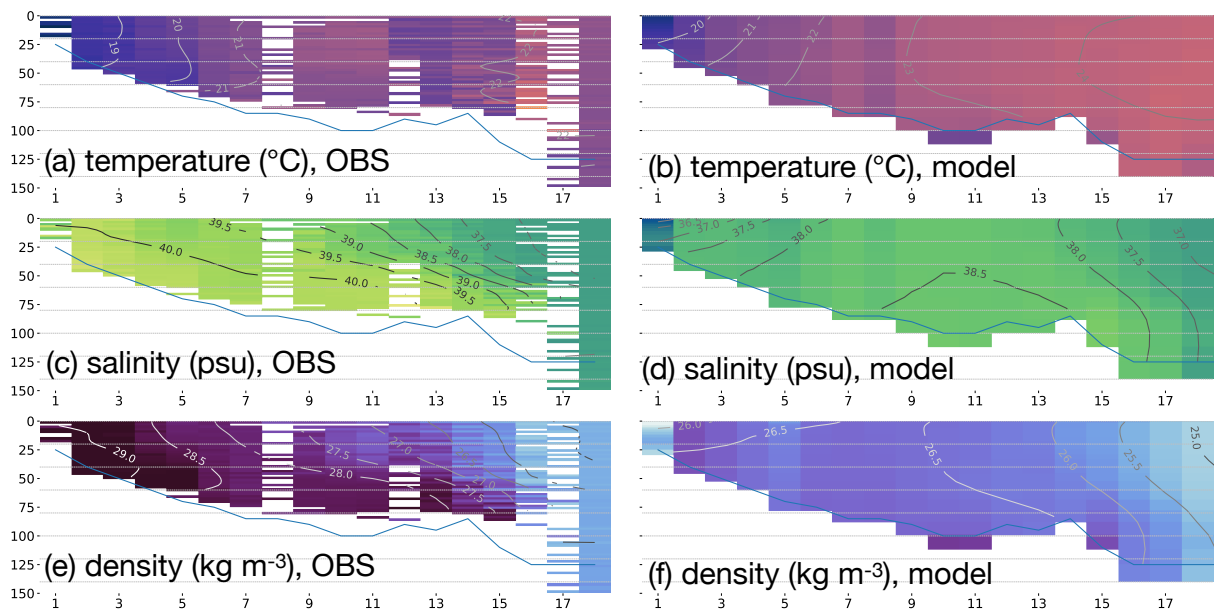
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Summer

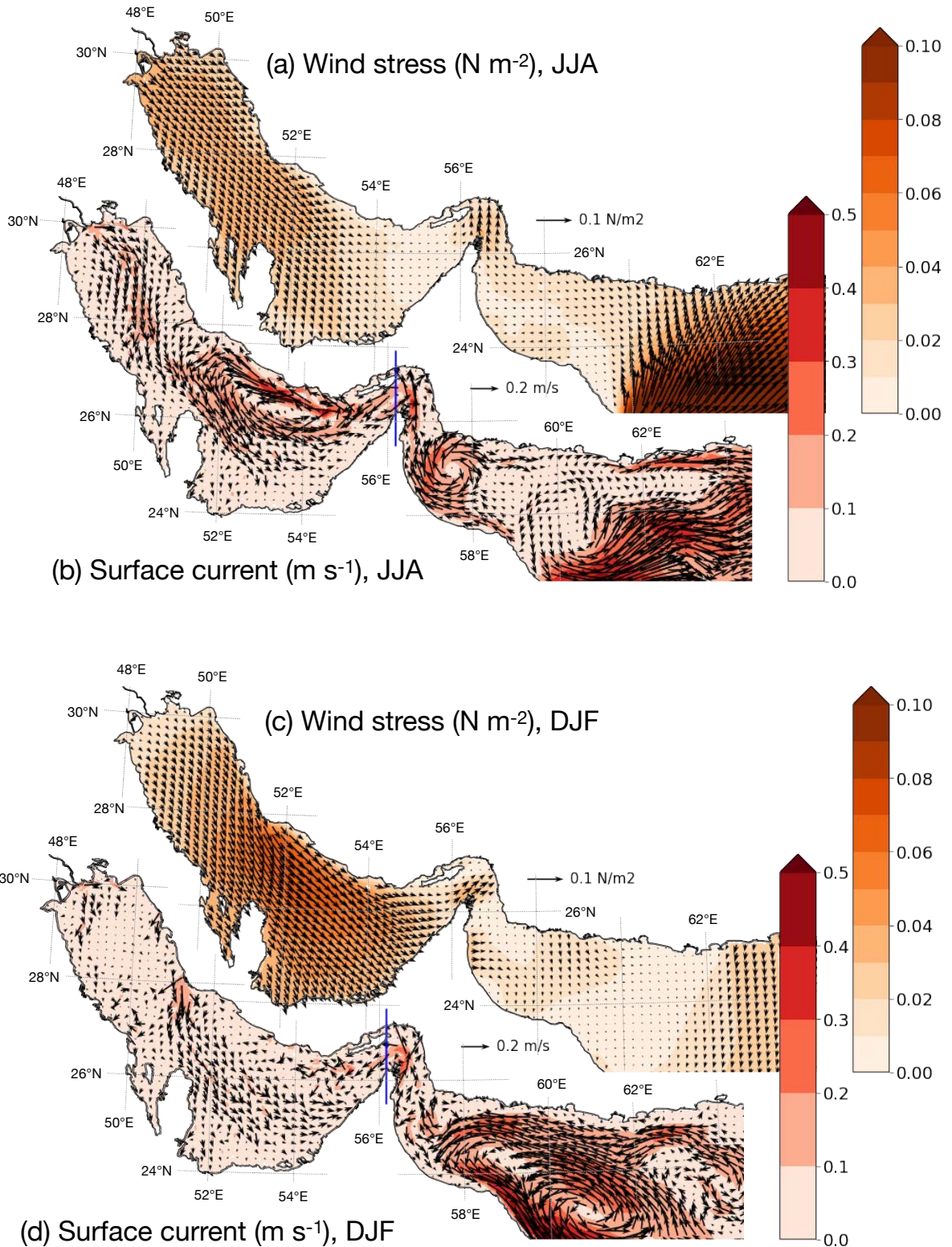


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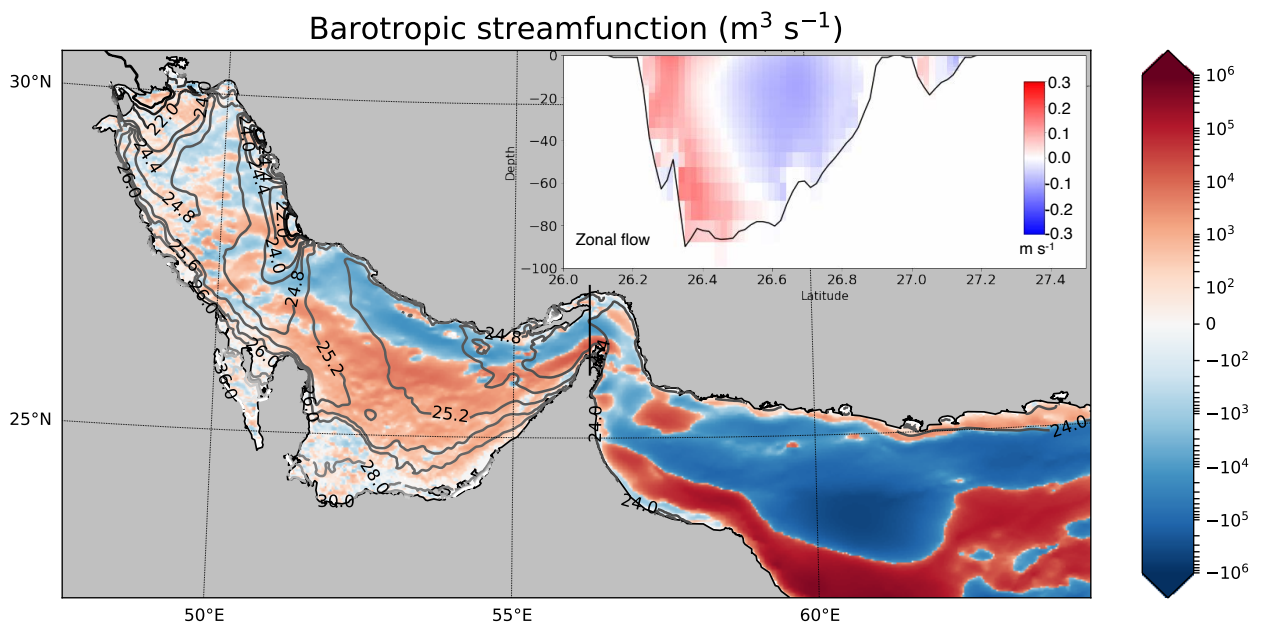
Winter



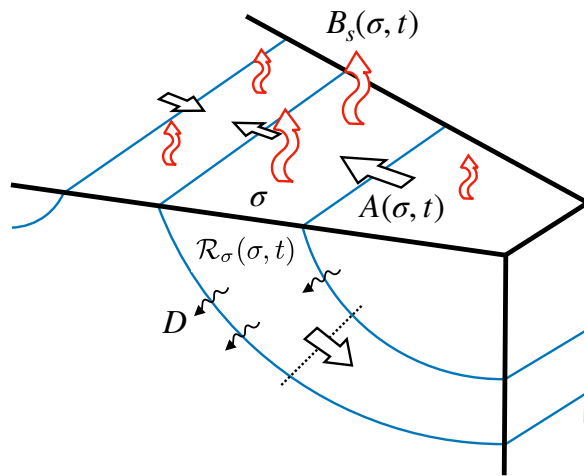
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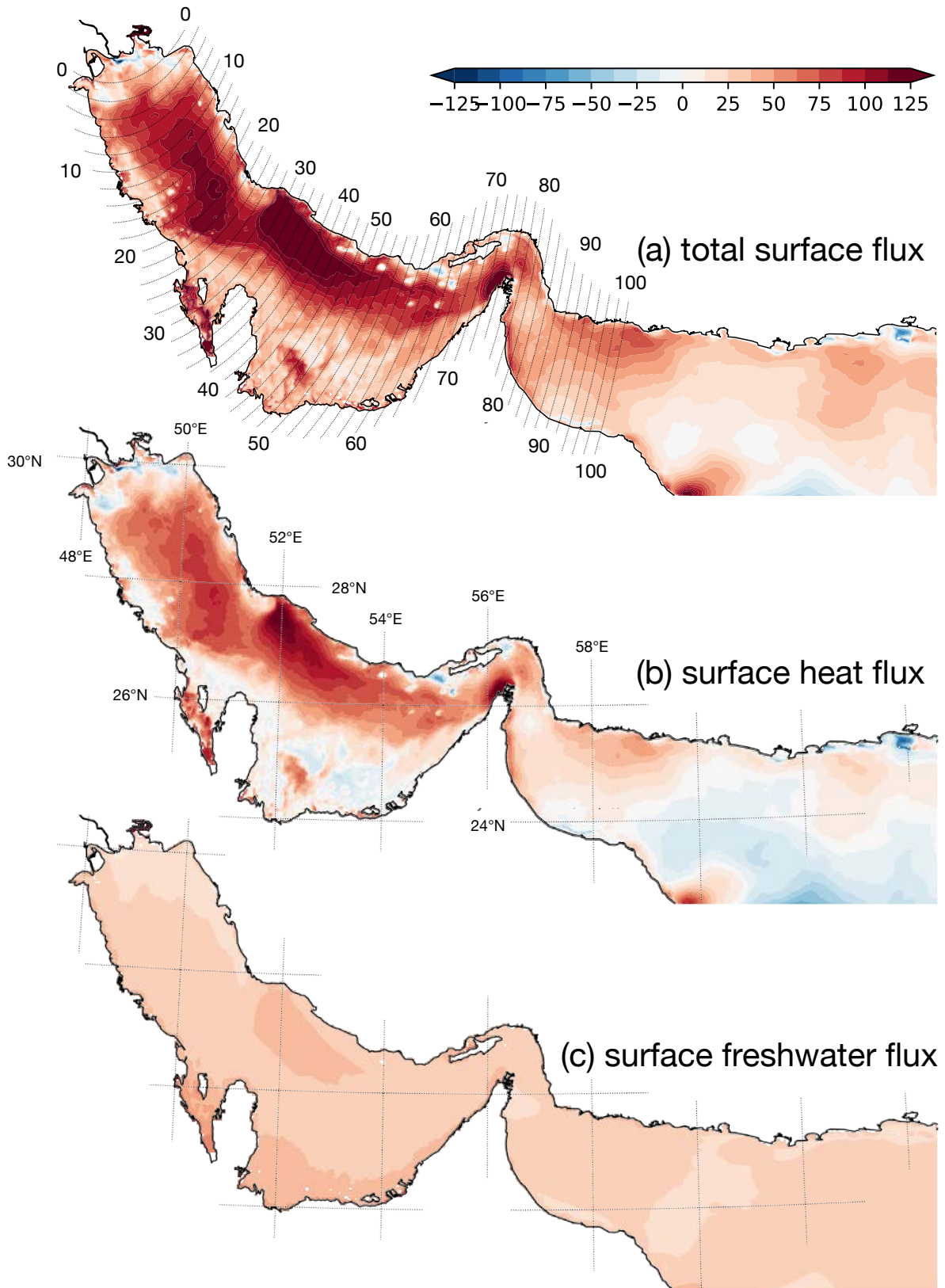


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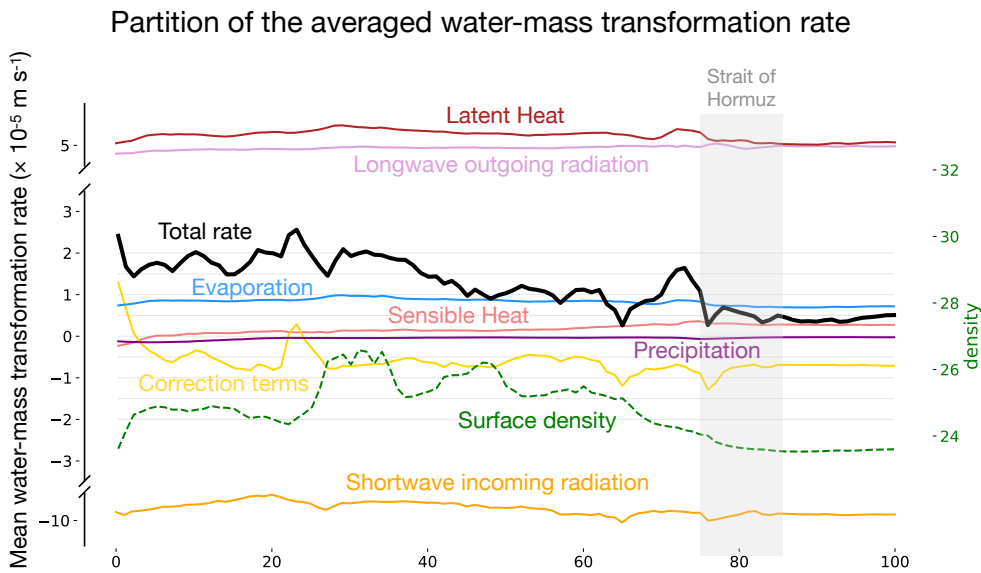


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 610 fluxes \mathcal{B}_s and the diffusive buoyancy fluxes, D , acting on the σ surfaces that bound the volume, as expresses in
 611 Eqs (5) to (9).

Annually averaged water-mass transformation rate ($\text{m}^3 \text{s}^{-1}$)

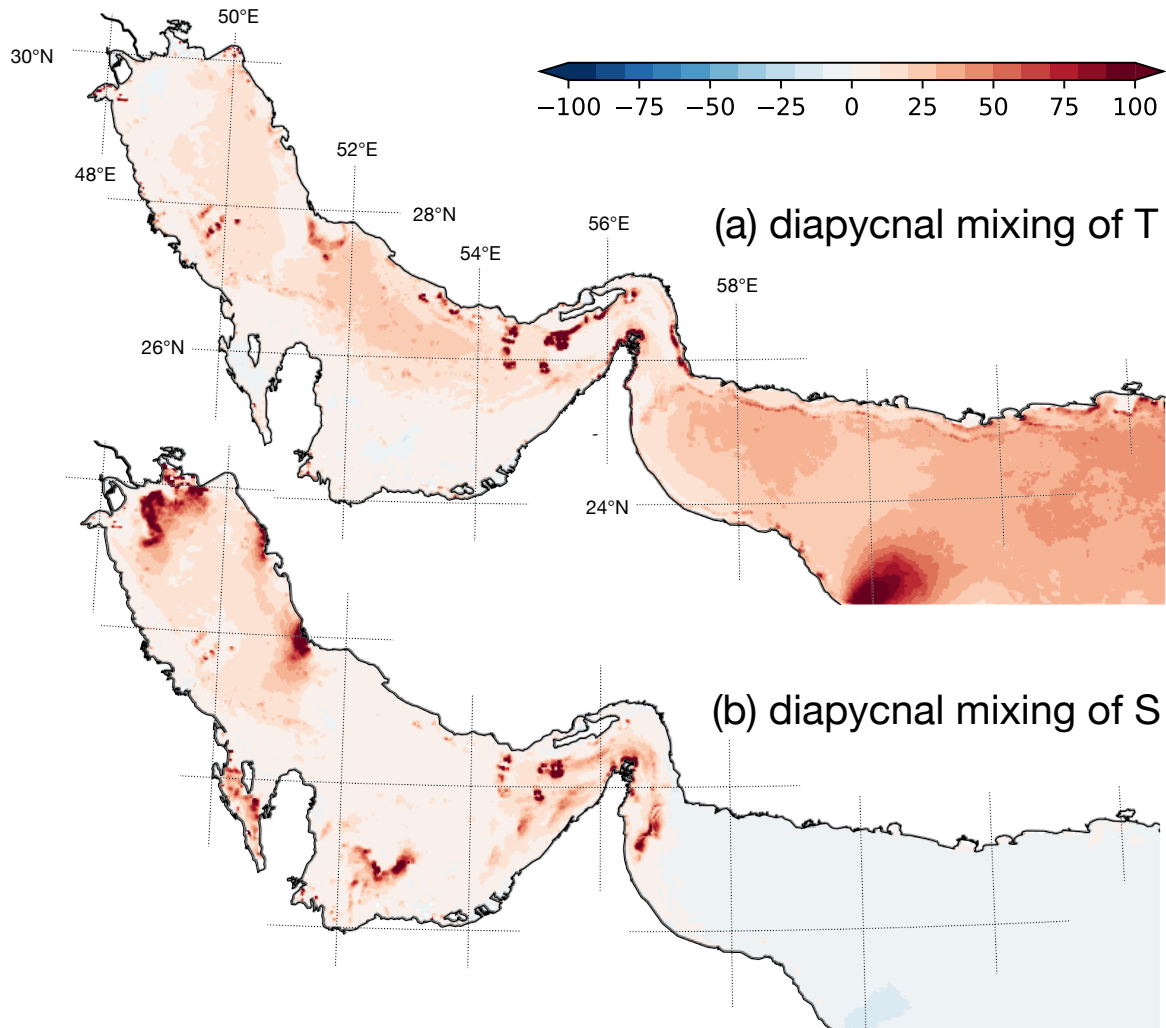


612 FIG. 7. (a) Annual-mean water-mass transformation rate, $F = \frac{\partial B_s(\sigma, t)}{\partial \sigma}$, in units of ($\text{m}^3 \text{s}^{-1}$), implied by air-sea

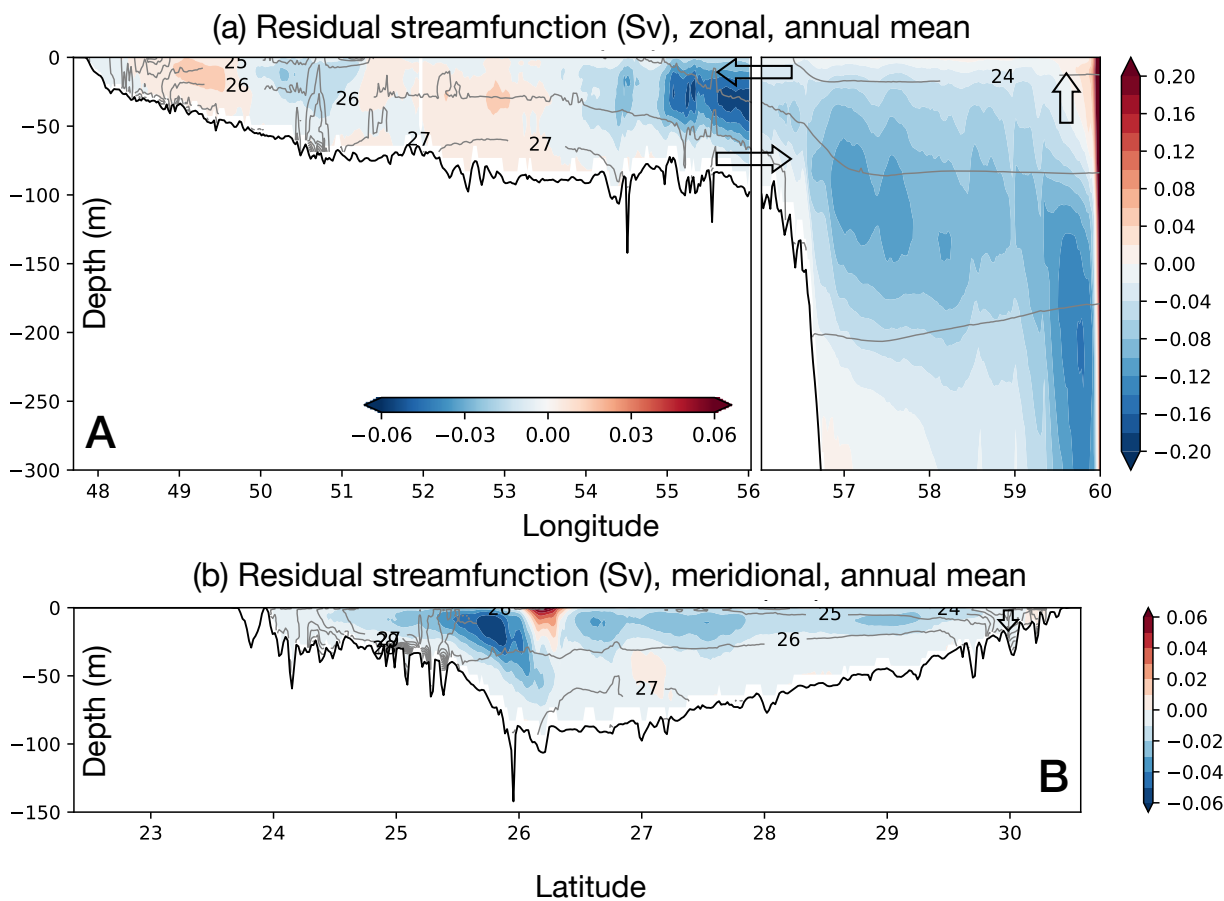


616 FIG. 8. (solid lines) Annual-mean water-mass transformation rate, $F(\sigma)$, computed from Eq.(6) using (9). The
 617 dashed line shows the surface density averaged in the sections numbered and shown in Fig. 7(a). The number
 618 along the x axis indicates the location of the section along the Gulf increasing eastwards. Positive values imply
 619 a tendency to induce a diapycnal volume transport directed toward higher densities. Points shallower than 20 m
 620 are excluded in the average. The contribution from river runoff is close to zero and hence not shown.

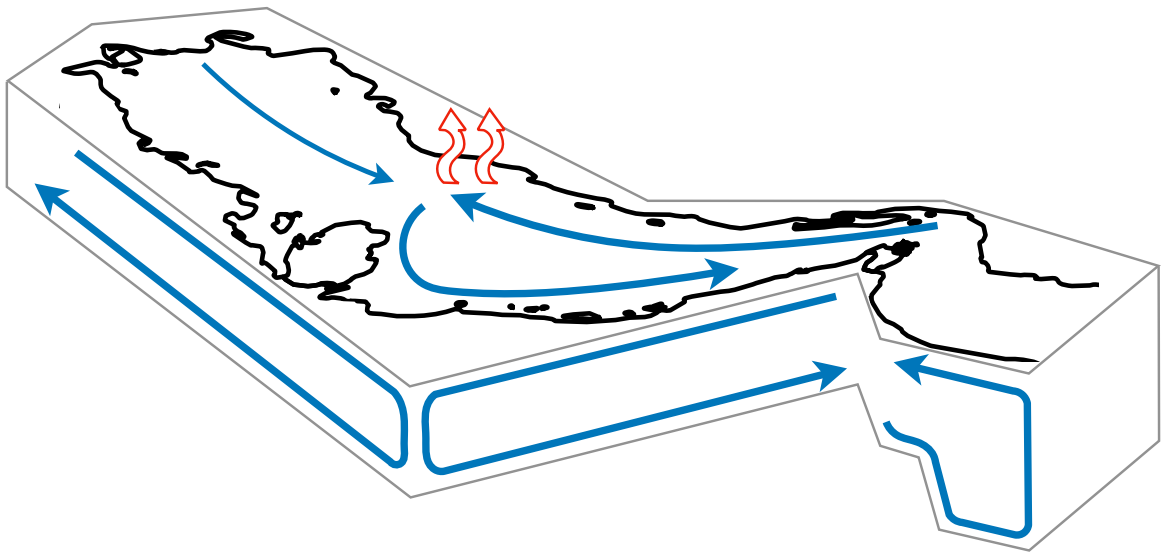
Annually averaged water-mass transformation rate ($\text{m}^3 \text{s}^{-1}$)



621 FIG. 9. Annual mean water-mass transformation rate contributed by diapycnal mixing of (a) temperature and
622 (b) salinity integrated over the depth of the water column. The rate is weighted by the grid area. Note that the
623 color scale is slightly different from Fig. 7, to enable details to be seen in the Gulf, although generally they are
624 very much smaller than that due to air-sea interaction



625 FIG. 10. Annually-averaged residual overturning streamfunction (shading) in (a) the zonal and (b) meridional
 626 directions parallel to A and B in Fig. 1, respectively. The Gulf and west of 60°E are considered in (a), and the Gulf
 627 (west of 56°) is considered in (b). Arrows in (a) represent the direction of the overturning circulation. Isopycnals
 628 are also plotted in gray with an interval of 1 kg m^{-3} in both (a) and (b). Blue shading represents anticlockwise
 629 circulation, red clockwise circulation. It should be noted that two different color scales (in Sverdrups) are used
 630 inside and outside of the Gulf in (a).



631 FIG. 11. A schematic diagram depicting the overturning circulation and water-mass transformation processes
632 acting in the Gulf. The positive water-mass transformation rate due to surface fluxes (red curvy arrows) shapes
633 the surface flow and overturning circulations.